

## Swimming Lessons Info

Swimming lessons are available to members on a group and one to one basis.

**GROUP LESSONS** run on a **Tuesday** afternoon with:

- A maximum of 4 children per class,
- £80.00 for 10 weeks (one lesson per week) &
- Available to members only

<b>Ducklings</b>	<b>4.00 pm</b>
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<b>Stage 1</b>	<b>4.30 pm</b>
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<b>Stage 2</b>	<b>5.00 pm</b>
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<b>Stage 3 &amp; 4</b>	<b>5.30 pm</b>
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**ONE TO ONE** sessions are available **every day** (outside of adult only swim times) and cost £16.50 for 30 minutes. These lessons are available to non-members as well as members.

**ADULT LESSONS** are also available on a one to one basis and cost £20.00 for 45 minutes.

For further information please do not hesitate to ask at reception or telephone the Panacea on **01633 682100**.